

Children's Books and Nutrition

The following is a listing of books that can be used to promote healthy eating and nutritional messages. Messages such as: 5 A Day, Fruits and Vegetables, Food Preparation, Calcium and Milk, Picnics, Recipes, Food History, Farm Animals (food origination), etc.

Libros De Ninos y la Nutricion

Lo siguiente es una lista de los libros que pueden se usados para promover para comer sano y mensajes de nutricion. Mensajes como: 5 por dia, Frutas y Verduras; la Preparacion de Alimentos; el Calcio y la Leche; Partida de Campo; Recetas; la Historia de Alimentos; Animales de Granja (el originizacion de los alimentos).

<i>Title</i>	<i>Author(s)</i>	<i>Publisher</i>	<i>ISBN #</i>
<u><i>Amanda Bean's Amazing Dream</i></u>	Cindy Neuschwander	Scholastic Inc. (1998)	0-590-30013-X
<u><i>An Alphabet Salad</i></u>	Sarah L. Schuette	Capstone Press (2003)	0-7368-1683-6
<u><i>Apples</i></u>	Melvin and Gilda Berger	Scholastic Inc. (2004)	0-439-67894-3
<u><i>Apples</i></u>	Gail Gibbons	Scholastic Inc. (2000)	0-439-22240-0
<u><i>Apple Fractions</i></u>	Jerry Pallotta	Scholastic Inc. (2002)	0-439-38901-1
<u><i>Baby Food</i></u>	Saxton Freymann and Joost Elffers	Scholastic Inc. (2002)	0-439-11021-1
<u><i>The Berenstain Bears and Too Much Junk Food</i></u>	Stan and Jan Berenstain	Random House (1985)	0-394-87217-7
<u><i>The Blackberry Mouse</i></u>	Matthew Grimdsdale	The Templar Co. (2004)	1-84164047-6
<u><i>Blueberries For Sal</i></u>	Robert McCloskey	Viking Press (1984)	0-67017591-9
<u><i>Cecil's Garden</i></u>	Holly Keller	Scholastic Inc. (2002)	0-439-49622-5
<u><i>The Cheerios Counting Book</i></u>	Barbara Barbieri McGrath	Scholastic Inc. (1998)	0-590-68357-8
<u><i>Chicken Soup With Rice</i></u>	Maurice Sendak	Scholastic Inc. (1962)	0-06-443253-X
<u><i>Corn is Maize</i></u>	Aliki	Harry Trophy (1986)	0-06-445026-0
<u><i>The Crunching Munching Caterpillar</i></u>	Shridan Cain	Scholastic Inc. (2000)	0-439-75052-0
<u><i>Daddy Makes the Best Spaghetti</i></u>	Anna Grossnickle Hines	Houghton Mifflin Company (1986)	0-395-98036-1

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<u>Dog Food</u>	Saxton Freymann and Joost Elffers	Scholastic Inc. (2002)	0-439-45111-6
<u>Eating The Alphabet: Fruits and Vegetables from A to Z</u>	Lois Ehler	The Trumpet Club (1989)	0-15-224436-0
<u>The Egg</u>	Gallimard Jeunesse	Scholastic Inc. (1989)	0-439-54621-4
<u>The Enormous Potato</u>	Dusan Petricic	Kids Can Press (1998)	1-55074-669-3
<u>Fast Food</u>	Saxton Freymann and Joost Elffers	Scholastic Inc. (2006)	0-439-91179-6
<u>Food Fight</u>	Carol Diggory Shields	Handprint Books (2002)	0-929766-29-7
<u>Food For Thought</u>	Saxton Freymann and Joost Elffers	Scholastic Inc. (2005)	0-439-11018-1
<u>Good Enough To Eat</u>	Lizzy Rockwell	Scholastic Inc. (1999)	0-439-81977-6
<u>Growing Apples and Pumpkins</u>	Amy and Richard Hutchings	Scholastic Inc. (2001)	0-439-22352-0
<u>Growing Colors</u>	Bruce McMillen	Lothrop, Lee & Shepard Books (1988)	0-688-13112-3
<u>Growing Vegetable Soup</u>	Lois Ehler	Scholastic Inc. (1987)	0-15-232580-8
<u>Handa's Surprise</u>	Eileen Browne	Candlewick Press (1994)	0-7636-0863-7
<u>How Are You Peeling?</u>	Saxton Freymann and Joost Elffers	Scholastic Inc. (1999)	0-439-21696-6
<u>How Groundhog's Garden Grew</u>	Lynne Cherry	Scholastic Inc. (2003)	0-439-56065-9
<u>I Am an Apple</u>	Jean Marzollo	Scholastic Inc. (1997)	0-590-37223-8
<u>I Eat Vegetables!</u>	Hannah Tofts	Zero to Ten (1998)	1-87089-028-2
<u>I Will Never Not Ever Eat a Tomato</u>	Lauren Child	Candlewick Press (2000)	0-7636-2180-3
<u>It Looked Like Spilt Milk</u>	Charles G. Shaw	HarperCollins Publisher (1947)	0-06-443159-2
<u>In the Kitchen</u>	Susan Canizares, Betsey Chessen	Scholastic Inc. (1999)	0-439-04586-X
<u>JamBerry</u>	Bruce Degan	Harper Festival (1983)	0-06-443068-5
<u>Lunch</u>	Denise Fleming	Henry Holt & Company (1992)	0-8050-4646-1
<u>More Spaghetti, I Say!</u>	Rita Golden Gelman	Scholastic Inc. (1993)	0-590-45783-7
<u>Mrs. McNosh and the Great Big Squash</u>	Sarah Weeks	Scholastic Inc. (2000)	0-439-31239-6

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<u>My Amazing Body</u>	Pat Thomas	Barron's Educational Series, Inc.(2002)	0-7641-2119-7
<u>My Kitchen</u>	Harlow Rockwell	Greenwillow Books (1980)	0-68880236-2
<u>Oink! Moo! How Do You Do?</u>	Grace Maccarone	Scholastic Inc. (1994)	0-590-206559
<u>Orange Juice</u>	Betsey Chessen and Pamela Chanko	Scholastic Inc. (1998)	0-590-14999-7
<u>Pancakes, Pancakes!</u>	Eric Carle	Aladdin Paperbacks (1990)	0-689-82246-4
<u>Pass the Fritters, Critters</u>	Cheryl Chapman	Scholastic Inc. (1993)	0-590-47995-4
<u>Peanut Butter and Jelly</u>	Nadine Bernard Westcott	Scholastic Inc. (1987)	0-590-16368-X
<u>Pumpkins</u>	Melvin and Gilda Berger	Scholastic Inc. (2004)	0-439-67899-4
<u>Pumpkin Circle</u>	George Levenson	Scholastic Inc. (1999)	0-439-22883-2
<u>Pumpkin Days</u>	Melissa Nicholas	Sadlier-Oxford (2001)	0-8215-7312-8
<u>The Pumpkin Book</u>	Gail Gibbons	Scholastic Inc. (1999)	0-439-14785-9
<u>The Pumpkin Patch</u>	Margaret McNamara	Scholastic Inc. (2003)	0-439-57460-9
<u>The Popcorn Book</u>	Tomie de Paola	Holiday House (1978)	0-82340533-8
<u>Round Is a Mooncake</u>	Roseanne Thong	Scholastic Inc. (2000)	0-439-31832-7
<u>Spaghetti and Meatballs for All: A Mathematical Story</u>	Marilyn Burns	Scholastic Inc. (1997)	0-590-94464-4
<u>The Surprise Garden</u>	Zoe Hall	Scholastic Inc. (1998)	0-590-10076-9
<u>The Very Hungry Caterpillar</u>	Eric Carle	Scholastic Inc. (1969)	0-590-03029-9
<u>There Was an Old Lady Who Swallowed a Trout!</u>	Teri Sloat	Scholastic Inc. (1998)	0-439-13949-X
<u>Walter the Baker</u>	Eric Carle	Scholastic Inc. (1972)	0-590-44452-2
<u>Why The Banana Split</u>	Rick Walton	Scholastic Inc. (1998)	0-439-09266-3
<u>The Ugly Vegetables</u>	Grace Lin	Talewinds Books (1999)	1-57091-491-5
<u>Up, Up, Up! It's Apple-Picking Time</u>	Jody Fickes Shapiro	Scholastic Inc. (2003)	0-439-68988-0